

MEDICATIONS to Discontinue

ONE WEEK prior to surgery, discontinue the following anti-inflammatory medications.

Aspirin

Bufferin

Nabumetone (*Relafen*)

Ibuprofen (*Advil, Motrin, Vicoprofen, Combunox*)

Ketoprofen (*Oruvail, Orudis*)

Naproxen (*Naprosyn, A/eve, Anaprox, Naprelan*)

Diclofenac (*Arthrotec, Voltaren, Catajlam*)

Indomethacin (*Indocin*)

Etodolac (*Lodine*)

Piroxicam (*Feldene*)

Meloxicam (*Mobic*)

Oxaprozin (*Daypro*)

Celecoxib (*Celebrex*)

Herbal Supplements and Extra Vitamin E (other than what is included in your multi-vitamin).

***** PHENTERMINE (or any other diet pills) - MUST discontinue taking 14 DAYS prior to surgery**

7 - 10 DAYS before surgery discontinue any **blood-thinners** under the supervision of your cardiologist

or prescribing physician. **DO NOT** stop this medication without their approval. If your doctor feels you

should not be off this medication, contact the surgery scheduler immediately. These may include

Plavix,

Clopidogrel, Warfarin, Coumadin, Pradaxa, Xarelto (Rivaroxaban), Aggrenox,

Dipyridamole, Tic/id

and Aspirin.

The morning of surgery, you may take blood pressure medications and **Neuron tin or Lyrica** with a

small sip of water. **Duragesic** patches do not need to be removed. Pain medications containing **Tylenol**

or Acetaminophen are also acceptable with a limited amount of water.

Insulin Dependent Diabetics - DO NOT take your insulin if your surgery is scheduled for early morning

and you are fasting. **DO** take **HALF** your insulin dose if your surgery is scheduled for the afternoon and

you have been instructed to eat a **light** breakfast.

AM SURGERY - NOTHING to eat or drink after midnight the night before your surgery. You may take

necessary medications with a small sip of water the day of your surgery as described *above*.

PM SURGERY - NOTHING to eat or drink after midnight the night before your surgery. You **MAY** drink

clear liquids **ONLY** until 6 to 8 hours before surgery. If your surgery is **scheduled later than 4 or 5 PM,**

then you may eat a light breakfast such as toast and clear liquids .

Acrylic fingernails may be left on but **red polish** must be *removed* prior to surgery.